

## “Judging our Liberties”

### A Study of the Book of Romans

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**Key Truth:** Paul uses the example of what we eat to teach mature Christians about living for the mutual upbuilding of others.

Who is the strong Christian and who is the weak Christian? When dealing with the interpersonal relationships between two Christians, if one considers himself the stronger of the two, then the onus is on him to temper his actions for their mutual benefit and upbuilding. So, if we think we’re stronger, then let’s live for the benefit of others. In this passage Paul’s talking about the right use of Christian liberty. These are not moral or doctrinal issues, just different ways to enjoy the good gifts of life. The Christian should use his or her liberty to build up rather than tear down.

## **DISCUSS**

Read **Romans 14:13-23** and discuss with the group a statement or concept that stood out to you or impacted you in the sermon entitled “Judging our Liberties.”

## **DIG IN**

**Three Tests for My Christian Liberties:**

### **1. Do my Christian liberties cause my Brother to Stumble?**

(Romans 14:13-15)

What are some examples of Christian liberties?

In what ways can our Christian liberties be considered “clean” or “unclean” (v. 14)?

Why are we not walking in love (v. 15) if a Christian brother is grieved by what we eat?

### **2. Do my Christian liberties cause others to Condemn my Actions?**

(Romans 14:16-19)

In what ways can our Christian liberties, though not sinful, cause others to criticize our actions?

In what ways is the enjoyment of our Christian liberties a kingdom issue (v. 17)?

In what ways can we build up one another by what we enjoy?

### **3. Do my Christian liberties Destroy the Work of God?**

(Romans 14:20-23)

In what ways can what we do promote sin in others?

Why should what we do in the Christian life be a work of faith?

## **DO**

What lessons do you learn from these verses that you will take with you throughout the coming week?